

“It’s the jab, not the Covid vaccine that I fear!”

- ✔ Do you live in Basildon and Brentwood?
- ✔ Do you have a needle phobia?
- ✔ Over the age of 16 years old?

From the 1st of March, residents of Basildon and Brentwood can receive a **FREE** NHS needle phobia treatment using Virtual Reality (VR) technology.

Supported by a therapist throughout, the treatment will guide you through techniques and strategies to manage needle fears in readiness for a Covid vaccination.

A free pair of VR goggles will be sent to you and your sessions will be delivered remotely so you can attend from the comfort of your own home.

Get in touch now

If you feel you would benefit
you can self-refer by calling us on:



Phone: 01268 977171



For further
information
scan here



Monday – Friday 8.00am – 8.00pm
Saturdays 9.00am – 12.30pm

Up to 10%

of people in
the UK have a
needle phobia.



Basildon and Brentwood
Clinical Commissioning Group